

A Message from the President

As the newly elected President of the Association after 2 years as a Director, I look forward to continuing to work with the enthusiastic members of the Board who made the past year so successful—and so much fun!

Some of the many projects and initiatives the Board participated in over the previous year are:

- **Bright Lights Festival** at Galt Gardens (come see us at the teepee this year for a cup of hot chocolate!).
- **Christmas at Annandale** Home Tour (a big thanks to the Bland family for making their beautiful home available once again).
- **Commenting on new developments** within the London Road Area.
- **Working with neighbourhood residents** on neighbourhood issues.

LRNA is an all volunteer association dedicated to working together to maintain and improve the quality of life for London Road area residents. On behalf of the Board, we thank you for your interest in and commitment to the neighbourhood.

Best regards,

Greg Norman, President, LRNA

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Contact Us

Website: www.londonroad.org
Telephone: 403.329.5762 (403.329.LRNA)
NEW! Email: more@londonroad.org
Messages or inquires are always welcome.
We will respond as soon as possible!



London Road Neighbourhood Association

FALL 2008 NEWSLETTER



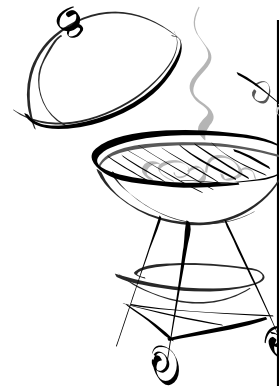
Widening 6th Avenue South?

At the last AGM of the London Road Neighbourhood Association (June 17, 2008) attendees learned that widening of 6th Avenue South to accommodate increasing traffic volumes is likely. Traffic lights would also be reduced to facilitate the movement of traffic. Clearly, this has strong implications for London Road residents. A subsequent discussion arose concerning making Lethbridge friendlier to non-motorized forms of transportation, specifically bicycles. Residents are urged to take political action and write letters to Council, and to attend all meetings about the proposed river crossing and about increasing the viability of non-motorized and public transportation.

Bright Lights Festival—November 21

Start the Christmas season right by attending the 5th Annual Bright Lights Festival on **Friday, November 21, from 6:00 to 9:00 p.m. in Galt Gardens Park**. The Bright Lights Festival has become a favorite event in our community. Enjoy free hayrides, hot chocolate, hot apple cider, popcorn, helium balloons and a visit from Santa. The trees in

continued next page...



In Our Upcoming Spring Issue:

Block Parties and
Neighbourhood Potlucks:

How London Road Residents Are

Building Community

Bright Lights Festival, continued



beautiful Galt Gardens Park will be lit up, and classic Christmas movies will be shown on a large screen. Downtown merchants will participate in the 'Midnight Madness' Event, keeping their doors open late and offering specials and sales. Approximately 3,000 participants took in the event last year. The Bright Lights Festival and Midnight Madness are brought to you by the Downtown Business Revitalization Zone (BRZ). Be sure to stop by the LRNA table to say hello!



the Jasmine Room

**FURNITURE & GIFTWARE BOUTIQUE
TEA ROOM**

- Heartwarming Gifts - Home Accents - Furniture -
- Antiques - Jewelry & Accessories -
- Cozy Tea Room Serving Tasty Lunches, Beverages & Desserts -
- Over 100 Teas! -

1112 - 6 Avenue South, Lethbridge 403-394-9281

Christmas Home Tour

Get in the Christmas spirit this year by attending the **Annual Christmas Home Tour at Annandale**. Located at 4th Avenue and 13th Street South, this gorgeous historic home will be decorated for the season and open for tours. Dates: **November 28 and 29** (Friday and Saturday) Time: **6:00 p.m. - 8:00 p.m.** Admission costs **\$5.00** (children age 5 and under are admitted **free**). All proceeds go to the LRNA.



About LRNA

Established in 1974, the London Road Neighborhood Association is a non-profit association dedicated to maintaining the qualities of the historical London Road neighbourhood that make it one of the finest communities in the City. We work closely with the City and provide considered opinion to changes that may affect and enhance the quality of residency within the London Road Area.

Thank You

to these fine businesses who have given the London Road Neighbourhood Association generous and ongoing support:

- London Road Market
- Martin Bros. Funeral Chapels
- London Road Law Offices
- Camfield Drilling
- Tri-Chiropractic



Needle Drop Boxes Around Lethbridge

You may have noticed that needle drop boxes have been cropping up around our city. These provide a way for people who use needles and sharp objects, which can carry diseases like hepatitis C and HIV, to dispose of them safely. It is not safe to have needles on the ground or in trash containers, where they can poke someone. All needles and sharps should be disposed of in proper drop boxes. Here are some safety tips:

1. Teach children to *never* touch a discarded needle, syringe or glass pipe but to show an adult where it is.
2. Phone HIV Connection at 403.328.8186 if you find a used needle in a public place.
3. To pick up a used needle (*adults only!*), use tongs, with the needle pointed down and away from your body. Then place it in a puncture proof container for disposal. Be careful!
4. If you get poked with a used needle, let it bleed for 15 minutes while flushing the area with soap and water. Then phone your physician or the Public Health Department immediately to determine the need for treatment. If after hours, go to the Emergency Department. Bring the needle with you for testing.

Sources: Chinook Health, HIV Connection

Tri-Chiropractic

- Gentle, Accurate, Effective Computer Assisted Care
- Trigger Point Therapy
- Acupuncture
- Gait Analysis
- Orthotics
- Nutritional Support

*Serving our community
for nearly a decade*

To Not Only Regain Your Health, But To Maintain Your Health

**403.329.0997
728 - 6 Street South**

Membership Support is the Strength of Your Neighbourhood Association!

If you haven't already purchased your Lifetime Membership for \$5, simply fill out the application below and mail it to:

LRNA c/o Greg Norman, 220—4th Street S, Lethbridge, Alberta T1J 4J7

NAME: _____

ADDRESS: _____ EMAIL: _____

AMOUNT ENCLOSED: \$ ____ Please Send Me Email Updates __Y__N